

# NATIVITY CATHOLIC CHURCH WOMEN'S EMMAUS RETREAT

**March 27-29,2020**

*Come and experience the journey to Emmaus  
as together we recognize the Lord Jesus in the Breaking of the Bread  
Luke 24:13-35*

**Q. What is Emmaus Experience?**

A. It is an experience where women gather to be ministered to by other women. For women who wish to experience God, renew and deepen their relationship with the Lord, this is a time for personal growth. The retreat is based on the Gospel of Luke 24:13-35. Emmaus is a relaxed, passive retreat weekend. The retreat is held at The Franciscan Center in Tampa.

**Q. Is this another one of those programs for Saints?**

A. No! Any woman who wishes to grow closer to the Lord and receive His touch and consolation will enjoy the weekend.

**Q. What happens on the weekend?**

A. You do little or nothing...it's all up to God. On a retreat you'll be free from the distractions of your daily routine. With your whole self being relaxed, you will be able to open your heart and listen to Jesus and the Holy Spirit. That is the deep satisfaction, inner peace and joy you will find: real gifts! The time is spent hearing The Word, listening to the witness of other women and relaxing. The Liturgy will be the high point of the weekend.

**Q. What are the greatest benefits for making Emmaus?**

A. Benefits will be personal to you. Women receive tremendous healing, lifting of burdens, and experiences of love and joy. It is a vehicle to meet other women in the parish who also are looking for friendship.

**Q. How long does the weekend last?**

You'll need to arrive at **Nativity Catholic Church 705 E. Brandon Blvd., Brandon Fl. 33511**, at 6:00 PM (Sharp) on Friday, March 27, 2020. You'll be transported to The Franciscan Center in Tampa and you'll arrive back at Nativity late Sunday afternoon.

**Q. How do I dress for the weekend?**

A. Dress is extremely casual, including shorts, jeans, sandals, a light jacket/sweater or whatever else you find comfortable.

**Q. What should I bring?**

A. Bring a change of clothes for two days, your personal toiletries (toothbrush, soap, medicine, etc.). Everything else will be provided. We suggest a light jacket or sweater as it is sometime cool in the retreat center.

**Q. What about food?**

A. All food and drink will be provided. When you arrive Friday evening there will be a light meal for those who will not have had time to grab dinner. If you have any special dietary requirements, just let us know on the registration form.

**Q. How much does Emmaus cost?**

A. The cost is \$200.00 for a double room or \$255.00 for a single room. Please note that we expect that we may be filled to capacity. Do not hesitate. Get in your registration and payment as soon as possible.

***Fill out the registration; invest a bit of your time. Rethink, refocus, reflect and find your way.  
If you don't have time to make a retreat like this that means you NEED a retreat like this!***

Any questions please contact  
Karen Olsen (813)-494-2897 [kolsen03@verizon.net](mailto:kolsen03@verizon.net)  
Claudia Trejo (813) 777-2141 [LcLctrejo@gmail.com](mailto:LcLctrejo@gmail.com)

**NATIVITY CATHOLIC CHURCH**  
**WOMEN'S EMMAUS RETREAT REGISTRATION**  
**March 27-29,2020**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phones: Home \_\_\_\_\_ Cell \_\_\_\_\_ Office \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Occupation: \_\_\_\_\_

Married     Single     Divorced     Separated     Widowed

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_ Emergency Contact Email: \_\_\_\_\_

Who told you about the Retreat? \_\_\_\_\_

Any Health Problems We Should Know About? \_\_\_\_\_

Special Dietary Requirements? \_\_\_\_\_

Shirt Size: S , M , L , XL , XXL , XXXL

Room Type:  Double Occupancy (\$200.00) or  Single Occupancy (\$255.00)

Member of a Catholic Church?  Yes  No      Catholic:  Yes  No

Your Church: \_\_\_\_\_

**What about God?** One way (among many) you can help answer that question is the Women's Emmaus Retreat, led by women like you who have struggled with all the same questions about life that you have. The Emmaus Retreat is designed to be low key, laid back, non-hostile, user friendly, and not "preachy". You will listen to other women like yourself talk about their journey to know more about God. The retreat is based on Catholic teachings but it is not required for you to be Catholic, Christian, or a member of any Parish. You will have your own time for reflection, the food is good, the place is calm and peaceful, and we know it will be a weekend that you will **NEVER** forget.

**The cost of the weekend is \$200.00 for a double room and \$255.00 for a single room.** Please include full payment with your registration as space is limited. **If you have any questions**, please contact the person who spoke with you about this retreat or Karen or Claudia (see below)

Make checks payable to **"Nativity Catholic Church"**

Return registration & check to: **Nativity Catholic Church Women's Emmaus, % Tina Ray, 2606 Valencia Grove Drive, Valrico, FL 33596.**

Contacts:

Karen Olsen (813) 494-2897 [kolsen03@verizon.net](mailto:kolsen03@verizon.net)

Claudia Trejo (813) 777-2141 [LcLctrejo@gmail.com](mailto:LcLctrejo@gmail.com)

Payment: \_\_\_\_\_ Check# \_\_\_\_\_ **Office Use Only** Date Received: \_\_\_\_\_